



**NEGS**

There's no  
**place**  
like NEGS

# NEGS Newsletter

Term 2 , Week 8 - Thursday 16th June 2016

## FROM THE PRINCIPAL

Mrs Mary Anne Evans



As I pen this week's newsletter, it is in the wake of the Orlando Massacre in the US. Such crimes of hatred are unfathomable to us yet they continue to haunt our world. President Obama put it best:

"..... this is a sobering reminder that attacks on any American -- regardless of race, ethnicity, religion or sexual orientation -- is an attack on all of us and on the fundamental values of equality and dignity that define us as a country. And no act of hate or terror will ever change who we are or the values that make us Americans."

After such a sobering event, it is apt to look and value all the wonderful things in our NEGS community. One such event was Coona Horse Expo. As predicted, the heavens opened and the major rain event occurred. While dams filled and mud grew exponentially, the Coona spirit remained high. Board games were the order of the day when events were called off on Saturday, and the NEGS camp was brimming with wet-weather-bonding.

NEGS took 64 riders to Coona and each family showed the 4 four pillars of true grit: guts; resilience; initiative & tenacity (Thaler & Kival,"Grit to Great: How Perseverance, Passion & Pluck take you from Ordinary to Extraordinary"). I am always immensely proud to be the Principal of NEGS but no more so than at Coona where we were the stand-out-school. I am not talking about the winning, I am talking about the spirit of sportswomanship, cheering each other on, helping each other in trying conditions, having fun and all the girls conducting themselves with style and grace.

Another highlight over the last fortnight, was the Twilight Concert. Eighteen NEGS/St John's students performed and it was simply outstanding. The talent we have is phenomenal and a reflection of hard work and passion, from the musicians to the peripatetic/music staff.

Congratulations is extended to Elizabeth Hancock and Isabella Arabejo who have both been selected to compete in the Australian Youth Dressage Championships in early July. This is a great honour and we wish the girls every success in Sydney.

Lucy Ramsay represented NSW last weekend at the Melbourne Three Day Event; a huge achievement for someone so young and brave. Well done Lucy.

Our polocrosse girls have once again been outstanding with our Junior & B Grade Women's Team being successful at the NSW Club Championships. With over 100 teams competing, these wins are a testament to the exceptional work that Hayden Turnbull (super coach) and team culture have achieved. Congratulations to everyone involved.

Only two weeks left of School before the girls and staff head off for a well-deserved winter break. I wish everyone a happy and safe holiday and once again thank you for your unwavering support.

### NEW ENGLAND GIRLS' SCHOOL

Uralla Road, Armidale NSW 2350 Australia  
T +61 02 6774 8700 F +61 02 6772 7057  
reception@negs.nsw.edu.au | www.negs.nsw.edu.au

FB: NEGSarmidale Twitter: NEGSarmidale  
Registered Provider: NEGS Limited  
ABN: 31 122 393 702 | CRICOS: 02945A

## STAFF TRAINING

The NEGS and St John's Staff have been vigilant this year in ensuring they are equipped to take the very best care of their students. During the first semester, with the support of the school, the majority of staff have participated in training for Anaphylaxis, Asthma, Diabetes, First Aid and CPR. This accompanies the large amount of training the staff undertake in line with the Wellbeing Program at the school.

The majority of staff now have their First Aid and CPR qualification. Staff have also attended an inservice on managing diabetes as well as successfully completing the online training for Anaphylaxis and Asthma First Aid.

Our aim is to equip staff in all areas of NEGS and St John's with the necessary skills to provide first aid management for our students in the case of most emergencies. All students attending any off campus excursion will be accompanied by at least one or two staff with the above training.

The training has extended across the entire school including Music, Equestrian, Livestock, Shooting, Teaching Staff, Junior School Staff, Sport and Boarding as well as some support staff.

## WINTER ILLNESSES

As the winter weather settles in it is timely to remind everyone to please be vigilant in excluding your child from school if they are unwell. In the case of a gastroenteritis related illness it is school policy that students are not permitted back to school until 48 hours post the last episode of vomiting and/or diarrhoea. To help prevent the spread of bugs we appreciate your co-operation with this matter.

## YEAR 7 VACCINATIONS

The third and final date for the School Based Immunisation program for this year will be the 15th September. Any student requiring to catch up an immunisation in this program, will be done with the first round of Year 7 in 2017. Year 7 students can be assured that I have a healthy supply of lolly pops for their last round of needles.

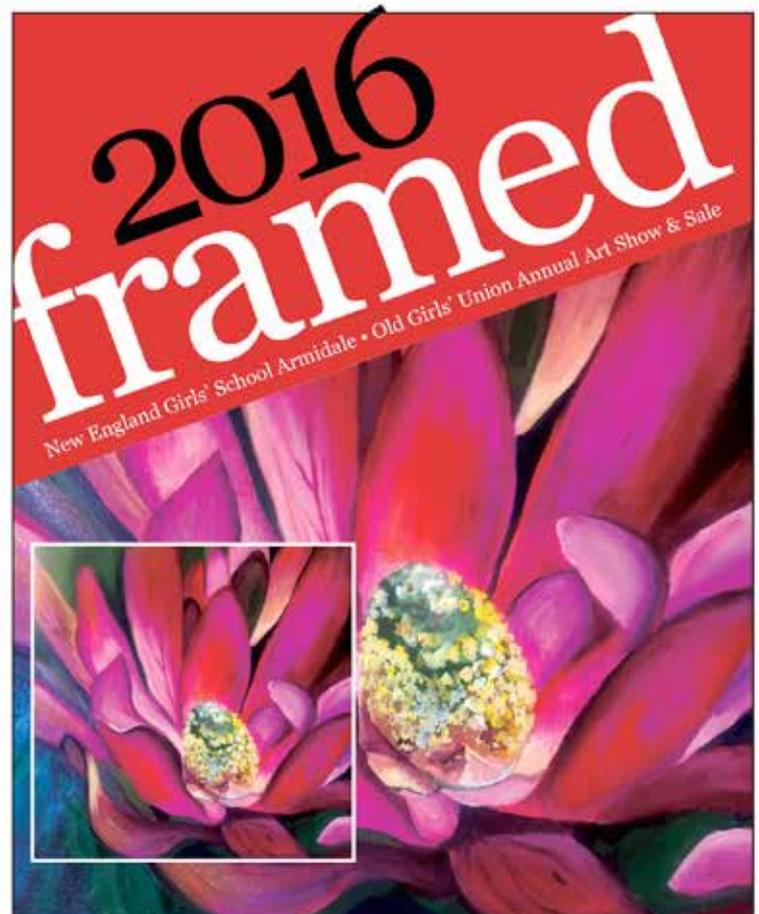
## Private Vehicle Conveyancing

Private Vehicle Conveyancing (PVC) travel diaries – NSW boarding families

A reminder that all travel diaries (for boarders' travel) should be returned to me at NEGS by the end of Term 2 detailing trips made in Terms 1 and 2, otherwise the minimum will be claimed i.e. 1 return trip for each term.

Please note: for families who are not registered, to be subsidised for Semester 1 (Terms 1 and 2) the cut off date for applications is the 20th of June. Applications can be submitted online at: [transport.nsw.gov.au](http://transport.nsw.gov.au) Thank you for your assistance.

Helen Smith ([helen.smith@negs.nsw.edu.au](mailto:helen.smith@negs.nsw.edu.au))



2016 Raffle - This painting is donated by Lindsay Cameron (Winter).  
A native flower, leucodendron sp of the protea family.

## Art Show and Sale Opening Night Cocktail Function

**When:** Friday 9th September 2016  
**Where:** NEGS Multi-Purpose Centre **Time:** 6.00pm - 9.00pm  
**Cost:** \$30.00 prepaid \$35.00 on the night  
(champagne, supper, live entertainment & drinks)  
**RSVP:** 6th September 2016, with payment advice  
**Bookings:** [www.trybooking.com/LPJS](http://www.trybooking.com/LPJS)  
**Cheque:** NEGS OGU, C/ NEGS, Uralia Road, Armidale NSW 2350  
**Contact:** Mrs Georgie Kedzlie E: [alinjarra8@bigpond.com](mailto:alinjarra8@bigpond.com)  
P: 02 6657 6001 or NEGS Reception for tickets

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FRAMED welcomes all school families and their friends - please pass this invitation on.  
Exhibition will run until 11am Sunday 11th September 2016.  
Painting Raffle tickets available at Akarus or on the night.



Thank you to Mavis Ahoy (Thelma's mother) for teaching the girls how to prepare and bake 'wet and dry wattle seed damper'. We all had of fun and exciting afternoon learning and tasting!



Years 8 - 12 at a presentation on strategies to deal with mental health by Nic Newling



*embracing life with confidence,  
compassion and creativity*



# NEGS

31st May 2016

Dear Parents/Guardians,

NEGS and St John's are holding a combined Wellbeing Day on the last day of Term 2, Thursday 23rd June, 2016.

As part of this initiative we have decided that we will support the Foster Care Angels Charity Program.

This charity is specifically concerned with young children and adults who are entering into foster care for the first time. Often these children will leave home with little or no possessions, and no idea what the future holds.

We at St John's and NEGS will be collecting items outlined by the charity and sending them to their packaging offices so that they can create these care packages to distribute to needy children.

Foster Care Angels are very excited that we have come on board with their charity and are looking forward to the many packages that they will be able to give away to those in need.

To make this process efficient and to ensure that we cover all of the needed supplies I have distributed the items between the year groups. These are outlined below. Could students please bring their item on the Thursday and drop off to the MPC just after recess?

Remember that it is the thought that counts, one item is sufficient, and brand names do not matter. If a student cannot supply an item, their time on the day to help us pack for postage is just as appreciated.

The charity asks that all items be new and not preloved and a variety of 'boy' and 'girl' style items.

**Transition-** Baby bottles and baby dummies.

**Kinder/Year 1-** Lead pencils and rulers.

**Year 2-** Erasers and sharpeners

**Year 3 & 4-** Glue sticks and pencil cases

**Year 5-** 12 pack coloured pencils and textas

**Year 6-** Blank scrapbooks and A5 size journals

**Year 7-** Generic colouring in books, pack of 80 baby wipes.

**Year 8-** Combs, hairbrushes and small baby powder.

**Year 9-** Roll on deodorant (male and female) and face washers (flannels).

**Year 10-** Small packet of sanitary pads and hair ties

**Year 11-** Individually packaged toothbrushes and tooth paste

**Year 12-** Baby socks and baby bibs (velcro or slip over only- not tie up)

**Staff-** Money donations to assist in the postage of the packages made.

Thank you for your support on this day.

Kind Regards,

A handwritten signature in blue ink that reads "Laura Cambridge".

Miss Laura Cambridge  
NEGS Sport Coordinator  
PDHPE Department  
[laura.cambridge@negs.nsw.edu.au](mailto:laura.cambridge@negs.nsw.edu.au)



New England Girls' School & St John's Co-Educational Junior School  
Urala Road, Armidale NSW 2350 Australia  
T +61 02 6774 8700 F +61 02 6772 7057 E [reception@negs.nsw.edu.au](mailto:reception@negs.nsw.edu.au)  
[www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

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# 2016 CALENDAR DATES

## TERM 2 9 weeks

<b>MONDAY 25 APRIL</b>	<b>ANZAC DAY</b> P&F Meeting 7pm Boarders Return by 8pm
<b>Tuesday 26 April</b>	<b>Classes Commence</b> Year 9 Camp departs
Monday 2 May	NAPLAN
Tuesday 10 May	NAPLAN
Wednesday 11 May	NAPLAN
Thursday 12 May	NAPLAN
Friday 13 May	IGSSA Cross Country
Wednesday 18 May	School Photos
Friday 27 May	Senior School Athletics Carnival Year 9 Parent / Teacher Interviews
Friday 3 June	NW Equestrian Expo - Coonabarabran
Thursday 9 June	Junior School Athletics Carnival
<b>FRIDAY 10 JUNE</b>	<b>STAFF DAY</b>
<b>MONDAY 13 JUNE</b>	<b>BOARDING HOUSES CLOSE 9:30AM</b> <b>QUEEN'S BIRTHDAY PUBLIC HOLIDAY</b> <b>BOARDERS RETURN BY 8PM</b>
Thursday 23 June	Years 7 -12 Wellbeing Day Year 8 Information Session - 2pm Year 8 Parent / Teacher Interviews
Friday 24 June	<b>END TERM TWO</b> Staff Day <b>BOARDING HOUSES CLOSE 9:30AM</b>

## TERM 3 10 weeks

Monday 18 July	Staff Day Year 10 Information Session - 2pm Year 10 Parent / Teacher Interviews P&F Meeting 7pm Boarders Return by 8pm
<b>TUESDAY 19 JULY</b>	<b>CLASSES COMMENCE</b> Round 1 IGSSA Hockey & Netball
Thursday 21 July	Year 12 Trial Examinations Commence
Monday 1 August	Formal Assembly
Tuesday 2 August	Round 2 IGSSA Hockey & Netball
Thursday 4 August	Major Projects Evening 5:30pm
Friday 5 August	IGSSA Athletics
Wednesday 17 August	Grandparents' Day (NEGS & St John's)
Friday 9 September	<b>2016 Framed! Art Show and Sale Exhibition on show until Sunday 11th</b> Old Girls' Weekend
Saturday 10 September	NEGS Trivia Night
Monday 12 September	Year 11 Preliminary Examinations Commence
Friday 16 September	IGSSA Finals Hockey & Netball
Thursday 22 September	Year 12 Valedictory Day <b>END TERM THREE</b>
Friday 23 September	Staff Day <b>BOARDING HOUSES CLOSE 9:30AM</b> Fiji Service Trip departs

## TERM 4 9 weeks

Monday 10 October	Staff Day P&F Meeting 7pm Boarders Return by 8pm
<b>TUESDAY 11 OCTOBER</b>	<b>CLASSES COMMENCE</b> HSC written examinations commence
Thursday 13 October	Year 10 Semi-Formal
Saturday 22 October	Hawkesbury Canoe Classic
Saturday 29 October	Year 7 & 8 Examination Week
Monday 7 November	Year 9 & 10 Examination Week
Monday 14 November	NEGS ODE
Saturday 19 November	NEGS ODE
Sunday 20 November	NEGS ODE
Thursday 1 December	Junior School Celebration of Learning - 6pm
Tuesday 6 December	Junior School Final Assembly - 9am Festival of Nine Lessons and Carols - 5pm
Wednesday 7 December	Year 7 - 11 Speech Day - 9:30am
	<b>END TERM FOUR</b> <b>BOARDING HOUSES CLOSE 1PM</b>

## SAVE THE DATE

NORTHERN NSW DA VINCI DECATHLON

*The Armidale School*



When:

24 August (Year 7 & 8)  
25 August (Year 9 & 10)  
26 August (Year 5 & 6)



For more information contact  
Ms Catherine Boydell  
E: [cboydell@as.edu.au](mailto:cboydell@as.edu.au)  
M: 0410 943 209

## FROM THE DIRECTOR OF BOARDING

As I write this article it is the eve of the June Long Weekend. The weather has become a lot cooler and the girls just seem to get busier. I am sure all families enjoyed spending time with their daughters on the weekend, especially with the recent rain which a lot of our families have received.

The North West Equestrian Expo or "COONA" as it is well known, has come and gone and left a dent in our boarding numbers for quite a number of days. Congratulations to all students who competed, supported and survived the wet weather (again). When I am on duty in the boarding house it amazes me how committed the Equestrian students are, especially at 6am in -6 degrees on a Monday morning. The girls leave the boarding house, feed, de-rug or re-rug, maybe ride, clean paddocks, clean stables and all before they head off for a full academic day. Well Done!

The boarding staff at NEGS play an very integral part in the lives of your daughters. This week we have farewelled Miss Ellie Evans (Kirkwood House Staff member) who leaves us to travel to Canada to experience the adventures of working with teenagers at a Summer Camp and experience the country as well. The school and students would like to wish Miss Evans all the best with her adventure and thank her for the care and support she has had for all NEGS students. We know she will come back?!?

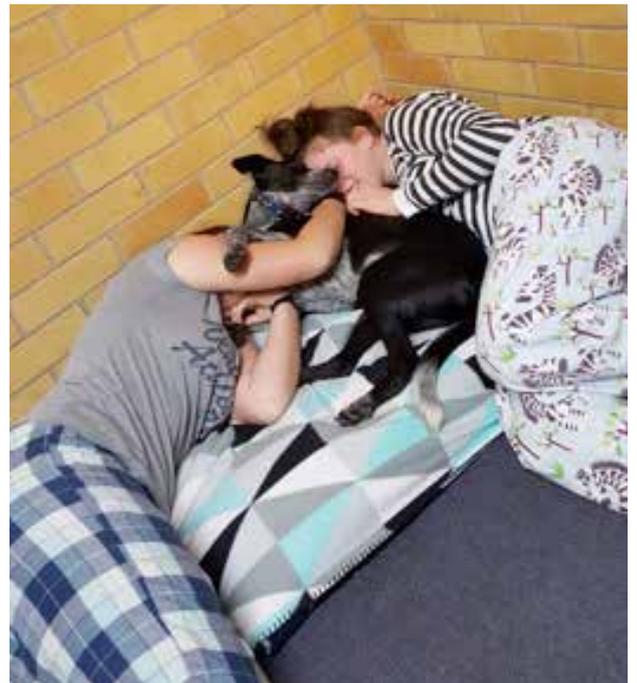
Additionally we will farewell Miss Lara Johnston, Kirkwood House Mother at the end of Term 2 as she moves on to pursue a career in business. We thank her for all she has done to support and care for the girls. She has played an integral part in boarding especially since the re structure in 2013. I am sure we will hear of the many successes she will have in the future and of course she is welcome back at anytime.

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## Kirkwood House in the News (Years 9 & 10)

Term 2 in Kirkwood has been an exceptionally busy time. With over 55 girls, all with different schedules and commitments, our day begins bright and early at 5:45am getting girls out the door for training or lessons. During the freezing temperatures some of them take a little more encouragement to leave their warm beds than others!

It was great to see so many enthusiastic faces looking to take Ivy, the dog, for a run each morning. She was a welcome addition to the Kirkwood family and a fantastic home sickness remedy for our younger boarders.



Our girls are to be commended on their dedication and commitment, with such early starts, most of the girls are not back in the house until 8:30pm but still maintain their beautiful, bubbly personalities.

This dedication has returned considerable dividends for many of our girls. Equestrian have consistently reported successes, along with our athletes, drama enthusiasts and debaters.

As this is my final term as Kirkwood House Mother, I would like to take this opportunity to express my sincerest appreciation and gratitude to the boarders and their families who have made my time so enjoyable. I would also like to thank Ellie Evans for the support she has provided the girls and also myself. We wish her the best of luck and safe travels to Canada.

Since beginning in 2013 I have watched the NEGS boarders grow into outstanding young women who I am exceptionally proud of. It has been an honour to have been involved in some of the most important years of their lives. I will miss you all dearly.

Miss Lara Johnston  
House Mother - Kirkwood House

After watching the State of Origin and after some other media coverage of sports incidents in the past few weeks, I thought it may be timely to send out a reminder about our NEGS Code of Conduct in regards to sport.

It is updated regularly with the concerns of the students in mind and assists students to understand the expectations of not only the Sports Department, but the school.

Please feel free to read the attached relevant information in regards to our Code of Conduct. I hope you enjoy the weekend off from school sport this weekend.

## Expectations

### Players

1. Play may be hard and vigorous but deliberate violence should never be used towards opponents.
2. Verbal provocation of any type is unacceptable.
3. Players should not react with violence to any physical or verbal provocation.
4. Use of bad language, whether directed at an umpire/referee, another player or oneself, is unacceptable.
5. Players should never argue with an umpire/referee (whether junior or adult) or contest a decision. Any negative response towards an umpire's ruling is unacceptable.
6. Only the captain can approach the referee/umpire to clarify a ruling in the event of uncertainty.
7. Immodest behaviour in victory or success, and manifestation of self disgust at an error or failure represent poor sportsmanship. Gracious conduct, whatever the result of a game, is important.
8. Unfair or illegal tactics to gain an advantage should never be used.
9. Excessive or inappropriate talk should not be used on the field of play

### Spectators

1. Parents are asked to make their presence and support as positive as possible.
2. As the host School, parents are asked to assume some responsibility for making visiting parents feel at home.
3. When visiting another school or venue the host's premises and rules – in matters of parking, tidiness etc. - should be respected.
4. Parents should never seek, during or immediately after a game, to give advice to coaches, umpires/referees or to players.
5. Barracking may be enthusiastic, should be positive rather than negative, and avoid excessive attention to an individual. A good example should be set by applauding skilful performance and play regardless of the school/opposition.
6. Parents can assist their child's fuller education by being sensible regarding the number and length of their sporting commitments.

## Risk Warning

(Under Section 5M of Civil Liability Act 2002)

On Behalf of **New England Girls' School**, AHIGS and IPSHA:

### Non Sporting Activities 2016

**New England Girls' School** organises many activities such as debating, mock trial, orchestra, choir during the course of a year. Students participating in these activities take part in practice and in competitions.

The Association of Heads of Independent Girls' Schools NSW (AHIGS) administers and convenes inter - school activities (such as Archdale Debating and Festival of Speech) in which many students, including students of this school, participate.

While **New England Girls' School** and AHIGS take measures to make the activities as safe as reasonably possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these activities, whether at practice or in actual events.

Such injury can occur while the student is engaging in or watching a non-sporting activity, or travelling to and from the event. The injury may result from a student's actions, the actions of others, the state of the premises or equipment failure (e.g. a collapsed stage during a debating competition).

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life threatening or result in permanent disability.

Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.

## Risk Warning

(Under Section 5M of Civil Liability Act 2002)

On Behalf of **New England Girls' School**, AHIGS and IPSHA:

### Sporting Activities 2016

**New England Girls' School** organises many individual and team sporting activities during the course of a year. Some of these are organised in conjunction with the Association of Heads of Independent Girls' Schools NSW (AHIGS) and some with the Independent Primary School Heads' Association of Australia NSW (IPSHA). Students participating in these sporting activities take part in practice and in competitions.

**New England Girls' School**, AHIGS and IPSHA expect students to take responsibility for their own safety by wearing compulsory safety equipment, by thinking carefully about the use of safety equipment that is highly recommended and by behaving in a safe and responsible manner towards team members, opponents, spectators, officials, property and grounds.

While **New England Girls' School**, AHIGS and IPSHA take measures to make the sporting activities as safe as reasonably possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these sporting activities, whether at training or in actual events.

Such injury can occur while the student is engaging in or watching a sporting activity, or travelling to and from the event. The injury may result from a student's actions, the actions of others, the state of the premises or equipment failure.

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life threatening or result in permanent disability. If a student has a pre-existing injury, participating in a sporting activity could result in an exacerbation of that injury.

Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.