



NEGS
MORE THAN
A SCHOOL

NEGS MENU

2019 - Term One, Week 2



4th - 10th February

www.negs.nsw.edu.au

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes. As well as a continental breakfast	Full continental breakfast	A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes. As well as a continental breakfast	Full continental breakfast	A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes. As well as a continental breakfast	Full continental breakfast	Full continental breakfast
Morning Tea	Coconut rough slice Saos with cheese Whole Fruit	Mini yoghurts Mini sausage rolls Whole fruit	Vanilla cake with frosting & watermelon wedges whole fruit	Lemon passionfruit slice, jatz & cheese Whole fruit.	Fresh fruit platters, Homemade jam drops Whole fruit.	Mixed whole fruit. Raisin toast, muffins and crumpets.	Mixed whole fruit. Raisin toast, muffins and crumpets.
Lunch	Beef Nachos with sour cream & mozzarella	Gourmet salad bar	Pasta bosciola	Gourmet salad bar	Whole school BBQ	Homemade pizza	Brunch
Dinner	Moroccan lamb tagine Pearl couscous green beans yogurt sauce	Chicken breast with creamy peppercorn sauce Spiced potato vegetable medley	BBQ Dinner	Beef lasagne garden salad sauteed potatoes	Make your own burger Beer battered fries	Grilled pork chops, two tone potato bake, green beans and corn cobs	Chicken schnitzel gravy idaho potato sour cream vegetable medley
Dessert	Jelly & Fruit	Make your own sundae	Ice Blocks	Dark chocolate mud cake & cream	Caramel cheesecake	Traditional pavlova	Waffle cone & ice cream

Available daily: Full salad bar, toasted sandwich bar during every lunch service