



**NEGS**  
MORE THAN  
A SCHOOL

# NEGS MENU

## 2018 - Term Four, Week 8



3rd - 9th December

[www.negs.nsw.edu.au](http://www.negs.nsw.edu.au)

|             | Monday  | Tuesday                             | Wednesday   | Thursday   | Friday  | Saturday           | Sunday             |
|-------------|---|-------------------------------------|---|--|---|--------------------|--------------------|
| Breakfast   | A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes.<br>As well as a continental breakfast. | Full continental breakfast          | A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes.<br>As well as a continental breakfast. | Full continental breakfast   | A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes.<br>As well as a continental breakfast. | Gold Coast Weekend | Gold Coast Weekend |
| Morning Tea | Banana cake and sao with cheese.<br>Whole fruit   | Jam drop pizza slice<br>Whole fruit | Mini yogurt and coconut rough slice<br>Whole fruit  | Corn chips & salsa<br>fresh fruit platters<br>Whole fruit          | Chocolate milk, Jatz and cheese<br>Whole fruit  |                    |                    |
| Lunch       | Beef nachos   | Gourmet salad bar                   | Crispy chicken burger with basil mayo   | Gourmet salad bar  | Whole school BBQ  |                    |                    |
| Dinner      | Pulled Pork fajita creamy slaw<br>barbecued corn salsa  | Assorted curries, rice & nann bread | BBQ Dinner<br>Rump steak<br>Potato bake<br>Tossed salad<br>Diane sauce  | Creamy chicken lasagna,<br>garden salad, Idaho potato & sour cream |   |                    |                    |
| Dessert     | Sticky date pudding with butterscotch sauce   | Chocolate mud cake with cream       | Paddle pops   | Salted caramel panna cotta   |   |                    |                    |

Available daily: Full salad bar, toasted sandwich bar during every lunch service