



NEGS
MORE THAN
A SCHOOL

NEGS MENU

2018 - Term Four, Week 7



26th - 2nd December

www.negs.nsw.edu.au

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes. As well as a continental breakfast.	Full continental breakfast	A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes. As well as a continental breakfast.	Full continental breakfast	A selection of baked beans, spaghetti, eggs, hashbrowns, tomatoes, mushrooms, chipolatas, corn and pancakes. As well as a continental breakfast.	Breakfast in the boarding house	Breakfast in the boarding house
Morning Tea	Choc chip cup cakes, Saos with cheese Whole Fruit	Sausage rolls, mini yogurt Whole fruit	Watermelon, choc drop biscuits Whole fruit	Choc caramel slice Jatz & Cheese Whole fruit.	Chocolate cake with icing, sliced fruit platters. Whole fruit.	Mixed whole fruit, raisin toast etc	Mixed whole fruit, raisin toast etc
Lunch	Spaghetti bolognese	Gourmet salad bar	Chicken and gravy rolls	Gourmet salad bar	Chinese theme	Beef sausage roll	Brunch
Dinner	Beef stroganoff Steamed rice Green bean	Crispy pork belly and hoikkien noodles	BBQ Dinner	Crumbed squid and chips with garden salad	Spinach and ricotta ravioli alfredo Garlic bread	Chicken Caesar burger Sweet potato fries	Creamy chicken and pesto pie Hasselback potato Garden salad
Dessert	Sticky date pudding	Make your own sundae	Ice creams	Mini frozen yogurt	Chocolate mousse	Choc brownie	Fruit salad

Available daily: Full salad bar, toasted sandwich bar during every lunch service